Ralston Volunteer Fire Department and Rescue Squad, Inc. Application for Volunteer Status

Firefighte	er/EMT OR _	EMS Only (plea	se check one) Ho	w did you hear abo	out us?	
		cated to a policy of non-d al origin. You may reque				
_		(PLEASE TYPE OR P	RINT ALL INFO	ORMATION)		
Date:						
	t in this process,	this application for consid I freely furnish the inform				
month. Tuesday ni proceed to the app	ghts starting at lication below**	you <u>MUST</u> be able to cor 6pm are required to atter • EBRASKA DRIVERS LI	<mark>nd trainings and m</mark>	eetings. If you can	fulfill these req	<mark>uirements</mark>
Name:		0.6.1	11 \		(T ()	
(F	irst)	(Mide	ale)	(Last)		
Address:	treet)	(Apt.#)	(City)	(State)	(Zip)	
`	,	(Арил)	(City)	(State)	(Zip)	
Phone:(Hom		(Work)		(Cell	Phone)	
E-mail Address:	,	` '		`	,	
Date of Birth:		NI	E Drivers License # **S	ubmit a Copy wi	th Application	<u></u> 1 <mark>**</mark>
			**Application w			
List other names tha	it you go by:					
Are you over 18 years of age?		······ <u> </u>	Yes	No		
Are you legally eligible for employment in this country?		<u> </u>	Yes _	No		
Have you ever been convicted of a Felony/Misdemeanor?			Yes	No		
Have you ever been List all traffic offen:		ving under the influence o	r Reckless Driving?		Yes	No

EDUCATIONAL BACKGROUND: MUST SUBMIT A COPY OF HIGH SCHOOL DIPLOMA OR GED

Name of High School and Location:		
Name of College and Location:		
Please list any other Professional Degrees or Certifications:		
Please list any other school(s) and their location(s):		
FIRE/ EMS EXPERIENCE:		
Have you ever applied to be a member of RVFD before?	Yes	No
If yes, please list date:		
Do you have any friends or relatives associated with RVFD?	Yes	No
If yes, please list name and relationship:		
Have you ever been a member with any other Fire/EMS Department?	Yes	No
If yes, please identify the department, number of years served and a contact name and number	:	
Do you have experience in the field of Emergency Medical Services?	Yes	No
Please indicate any additional Fire and Emergency Medical Experience:	_	
Are you currently CPR certified?	Yes	No
Are you currently EMT-B or EMT-P certified?Yes	No	
If yes, please circle level, indicate the state, and certification number:		
Have you taken and successfully completed the Firefighter I course?	Yes _	No
If yes, please indicate date completed and location of course:		
Please indicate additional Fire and/or EMS training courses taken:		
Please briefly describe why you would like to become a Volunteer with RVFD.		

EMPLOYMENT HISTORY:

Starting with your recent employer, provide the following information:

Employer:			
Address:			Phone #
Dates Employed:			
Starting job title/ Final job title:			
Supervisor's Name and Title:			
Description of Duties:			
Reason for leaving:			
May we contact this employer:	YES	NO	
E. alanam			
Employer:			Dhone #
Address:			Phone #
Dates Employed: Starting job title/ Final job title:			
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Supervisor's Name and Title: Description of Duties:			
Reason for leaving:			
May we contact this employer:	YES	NO	
Tray we conduct and employer.	125	1,0	
Employer:			
Address:			Phone #
Dates Employed:			-
Starting job title/ Final job title:			
Supervisor's Name and Title:			
Description of Duties:			
Reason for leaving:			
May we contact this employer:	YES	NO	
Employer:			
Address:			Phone #
Dates Employed:			
Starting job title/ Final job title:			
Supervisor's Name and Title:			
Description of Duties:			
Reason for leaving:			
May we contact this employer:	YES	NO	

REFERENCES: Not related to you

Name:	
Relationship:	
Phone Number:	Years known:
Name:	
Relationship:	
Phone Number:	Years known:
AV.	
Name:	
Phone Number:	
List any additional information you would like us to consider	ler:
	on is correct to the best of my knowledge and understand that be selected as a Volunteer, or if accepted, dismissal. I further grant
permission to allow RVFD to use this information to ga	ther any additional information that is needed to complete my but not limited to, a background check by local Law Enforcement.
	, <u> </u>
	of the Ralston Volunteer Fire Department, I will uphold the constitution ticipate fully in all activities associated with the Fire Department.
Signature of Applicant	Date



RALSTON VOLUNTEER FIRE DEPARTMENT AND RESCUE SQUAD, INC.

7629 Park Drive • Ralston, Nebraska 68127 office (402) 331-5369 • fax (402) 331-5426 www.ralstonfire.com

Waiver and Release

The undersigned having voluntarily applied for membership in the Ralston Volunteer Fire Department and being advised to the necessity of quality for membership by performing certain physical endurance's and agility tests, does hereby waive and, release the Ralston Volunteer Fire Department, and the City of Ralston from any claims for injuries sustained while in the performance of such physical tests.

Further, the undersigned acknowledges that by making such application for membership he or she does not become eligible for any benefits under Workmen's Compensation as a result of physical injuries sustained.

The Undersigned acknowledges that he of she has read this waiver and release and that he or she has freely consented to undergo such tests of physical ability without any coercion or inducements of any kind.

Date	Signature of Applicant		
	Print Name		



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Authorization for Release of Information

1 &	g to any records in your files involving myself, included	C
Date	Signature of Applicant	
	Print Name	



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Authorization for Release of Medical Records

1 0	rization from me for the Ralston Volunteer Fire Depertaining to my medical records held by you, inclu	· ·
Date	Signature of Applicant	
	Print Name	

Ralston EMS Only Physical Agility Test

Scoring of the physical agility test will be pass/fail. Candidates must complete the agility test in 12 minutes.

Stair Climb-

While carrying the airway bag and monitor the candidate will successfully ascend and descend all three flights of stairs. Candidates will move up and down the stairs as safely as possible. EVERY STEP MUST BE TOUCHED, NO SKIPPING STEPS. When completed the candidate will set the airway bag and monitor safely on the ground and proceed to the next station. Patient (with the help of an assistant)-

A "patient" will be already secured on the cot in the squad
The candidate will take the cot out of the squad (at the foot of the cot), switch to the head
position, and proceed to the elevator (will need to break down the head of the cot).
Take the elevator upstairs (unbreak the head of the cot) and proceed to the stair chair.
Switch to the foot of the cot and lower. Unstrap the patient and the patient will then move to the
stair chair. Secure all three straps on the stair chair. Descend all three flights of stairs while
being at the head of the stair chair (assistant will be at the feet). At the bottom of the stairs the
candidate will move to the feet (assistant will be at the head) and ascend all three flights of
stairs.

Unstrap the patient and the patient will then move to the cot. Secure all three straps on the cot. While at the foot of the cot the candidate will raise the cot. The candidate will then switch to the head position and proceed to the elevator (will need to break down the head of the cot). Take the elevator downstairs (unbreak the head of the cot) and proceed to the squad. Switch to the foot of the cot and successfully lock the cot back in the squad.

Ralston Fire Physical Agility Test

Abbreviated job description for the Ralston Fire Department.

You need to be aware that there are possible risks involved with fire fighting and rescue operations, such as injuries from smoke, heat, exposure to hazardous materials, exposure to all types of diseases. These risks are minimized as much as possible through your training, however risks still exist.

Candidates must pass every skill in the physical test to move on in the process. Failure of any skill within the physical agility test will result in the candidate being removed from the process and he or she will not move on. Candidates will be given a chance to walk through the time portion of the timed skill of this agility test one time before their test date.

Scoring of the physical agility test will be pass / fail basis. The five skills will be timed to score your overall time. Candidates must complete the timed portion of the agility test within 6 minutes to receive a score of Pass.

Candidates will be provided with gloves, helmet, coat and air pack which <u>MUST</u> be worn during the entire physical agility.

Stair Climb

Candidates will successfully ascend and descend all four flights of stairs. Candidates will move up and down the steps as safely as possible. **EVERY STEP MUST BE TOUCHED, NO SKIPPING STEPS.**

Ladder Raise Simulation

Candidates will grasp the rope on a 35-foot ladder, with a hand over hand motion, the candidate must raise the ladder until it is fully extended, and the dogs (pawls) lock in place and the candidate is given the "high enough" signal. Then the candidate must lower the ladder back down to its original position without letting the rope slip through their hands. Failure to do this skill correctly will result in the candidate performing this skill over from the start.

Ventilation Simulator

Candidates will drive a weighted 100-pound metal block approximately five feet using the mallet provided. The skill is completed when the block is moved beyond the five-foot line.

Charged Hose Drag

Drag charged 1 3/4" hose line 85 feet.

Victim Rescue

Candidates will grasp a 165-pound victim (rescue mannequin) under the arm or use straps provided, then drag the victim 85 feet. The skill is completed when the candidate and all parts of the victim cross the 85-foot line.